

<b>4th Grade Health Pacing Guide</b>			
<b>Chapter</b>	<b>Days</b>	<b>Lessons</b>	<b>Assessment</b>
1 Mental and Emotional Health	12	1.1–1.6 (6)	6
2 Family and Social Health	12	2.1–2.6 (6)	6
3 Growth and Development	10	3.1–3.5 (5)	5
4 Nutrition	12	4.1–4.6 (6)	6
5 Personal Health and Physical Activity	14	5.1–5.7 (7)	7
6 Violence and Injury Prevention	14	6.1-6.7 (7)	7
7 Alcohol, Tobacco, and other Drugs	10	7.1-7.5 (5)	5
8 Communicable and Chronic Diseases	12	8.1-8.6 (6)	6
9 Consumer and Community Health	6	9.1-9.3 (3)	3
10 Environmental Health	6	10.1-10.3 (3)	3

<b>Year-to-D ate</b>
12
24
34
46
60
74
84
96
102
108