

Grade 1 Health Pacing Guide		
Chapter	Days	Lessons
	12	1.1–1.6 (6)
2 Family and Social Health	8	2.1–2.4 (4)
3 Growth and Nutrition	10	3.1–3.5 (5)
4 Nutrition	8	4.1–4.4 (4)
5 Personal Health and Safety	12	5.1–5.12 (12)
6 Violence and Injury Prevention	14	6.1–6.7 (7)
7 Drugs and diseases Prevention	8	7.1–7.4 (4)
8 Communicable and Chronic Diseases	6	8.1–8.3 (3)
9 Community and Environmental Health	6	9.1–9.3 (3)
10 Environmental Health	4	10.1–10.2

Assessment	Year-to-Date
6	12
4	20
5	30
4	38
6	50
7	64
4	72
3	78
3	84
2	88